



# welcome to naia spa

+84 345 786 060  
18/2 LE THANH TONG, AN MY  
CAM CHAU, HOI AN

# body therapy

## AROMATHERAPY MASSAGE

This massage reduces tension, soothes sore muscles and promotes enhanced blood circulation. We use a carefully crafted blend of essential oils with soothing and aromatic properties.

## HERBAL COMPRESS MASSAGE

Our herbal compresses contain lemongrass, lemon leaves, turmeric, ginseng, cinnamon, anise, and other herbs. The compress is gently pressed and released in a rhythmic manner to stimulate circulation and provide relief from soreness and aches.

## HOT STONE MASSAGE

Indulge in the soothing warmth of natural basalt stones combined with aromatherapy oils. Experience the relaxing benefits of hot stones as they help your muscles unwind, improve blood circulation, relieve fatigue, and balance energy flow.

## BAMBOO ROLLER MASSAGE

Our skilled therapists utilize the ancient art of hot bamboo rolling, a technique that stimulates deep tissue blood circulation and provides profound relaxation. Let the warmth of the bamboo and the rhythmic rolling motions transport you into a state of tranquility.

## TRIGGER POINT MASSAGE

This specialized therapeutic approach targets specific trigger points within the fascia, helping to release tightness and discomfort. Through the skillful application of soft or deep tissue techniques, our expert therapists work to eliminate muscle knots and tension.

60 minutes 590,000 | 90 minutes 790,000  
*Please book online to reserve your treatment.*

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A close-up photograph of a hand applying a thick, white, grainy scrub to the skin of a person's back. The hand is positioned in the center-left of the frame, with fingers spread, moving from the upper back towards the lower back. The scrub is being applied in a circular motion, leaving a visible white residue on the skin. The background is a soft-focus view of the person's back and shoulder, with warm, natural lighting.

## body scrubs

SEA SALT + CITRUS | VIETNAMESE COFFEE | ROSE PETALS

Scrubs detox the body by removing old skin cells, refreshing the skin's appearance and leaving a feeling of rejuvenation. Choose the intensity of your scrub, from coarse sea salt to ground coffee to gentle rose petals.

45 minutes 450,000

## body wraps

ALOE VERA | COCONUT MILK | TURMERIC + HONEY

Our therapist will apply natural ingredients to your entire body before wrapping your skin to allow the pores to open and absorb the nutrients. Choose from soothing aloe vera, softening coconut milk, or stimulating turmeric.

45 minutes 450,000

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## facial care

OILY | DRY | COMBINATION | SENSITIVE

Treat yourself to our deluxe facial therapy – makeup removal, thorough cleansing, steaming, gentle exfoliation, relaxing facial massage, nourishing face mask, meridian head massage, and moisturizer. This treatment is fully customisable for your skin type.

60 minutes 590,000

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# foot care

Our foot care treatment begins with a warm footbath infused with flowers and herbs. Our skilled technician will cleanse your feet, remove calluses on your soles, trim your cuticles, and file your nails to perfection. Enjoy a 20-minute foot massage as part of this service.

90 minutes 750,000

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